

## burda Download-Pattern Dress 7979 – Instructions



average

fitted

Sizes	US	45 ins / 114 cm								55 ins / 140 cm							
		6	8	10	12	14	16	18		6	8	10	12	14	16	18	
	Eur.	32	34	36	38	40	42	44		32	34	36	38	40	42	44	
	yds	2 1/4	2 1/4	2 1/4	2 1/4	2 1/4	3	3 1/4	2 1/4	2 1/4	2 1/4	2 1/4	2 1/4	2 1/4	2 1/4	2 1/4	
	m	2.40	2.4	2.40	2.45	2.50	2.70	2.75	2.10	2.10	2.10	2.10	2.10	2.10	2.10	2.10	
		→	→	→	→	→	→	→	→	→	→	→	→	→	→	→	
Contrasting fabric	yds	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	
	m	0.45	0.45	0.45	0.45	0.45	0.45	0.45	0.45	0.45	0.45	0.45	0.45	0.45	0.45	0.45	
		→	→	→	→	→	→	→	→	→	→	→	→	→	→	→	
Lining	yds	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	
	m	1.20	1.20	1.20	1.20	1.20	1.20	1.20	1.20	1.20	1.20	1.20	1.20	1.20	1.20	1.20	
		→	→	→	→	→	→	→	→	→	→	→	→	→	→	→	

→ with nap



Interfacing  
24" x 18"  
(60 cm x 45 cm)



9 x



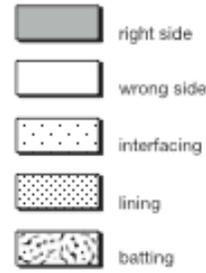
14" (35 cm)

Velvet,  
baby corduroy,  
lightweight  
flannel

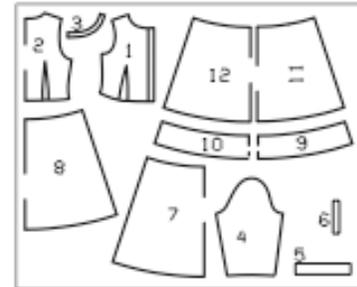


24 3/4"  
(63 cm)

74 - 83 1/2"  
(188 cm -  
212 cm)



Pattern pieces:



### Pattern Pieces

- |                        |    |
|------------------------|----|
| 1 Bodice Front         | 2x |
| 2 Bodice Back          | 1x |
| 3 Neck Band            | 2x |
| 4 Sleeves              | 2x |
| 5 Sleeve Flounce       | 2x |
| 6 Facing for Slit      | 2x |
| 7 Skirt Front          | 1x |
| 8 Skirt Back           | 1x |
| 9 Front Hem Band       | 1x |
| 10 Back Hem Band       | 1x |
| 11 Skirt Front/ Lining | 1x |
| 12 Skirt Back/ Lining  | 1x |

### Copy Paper with DinA4 Print:

The pattern pieces are printed with a narrow border onto 24 pages. Wait until all pages are printed. Arrange the pages as depicted in the page with instructions on how to put the pages together.

Cut the pages at the upper right edge along the narrow border. Start with the lower left page and glue the pieces together at the border lines.

Choose the size of the patter according to the Burda measurement chart. The sizes for dresses, Blouses, Jackets and Coats are determined by the bust measurement, the sizes for pants and skirts are determined by the hip measurement.

Adjust, if necessary, if your measurements differ from the Burda measurement chart.

**Cut the pattern pieces for your size**

**Sizes 34 to 44:**

In piece 1 the buttonholes are marked for a size 32. For the other sizes, mark the top buttonhole at the same distance from the neckline as in a size 32. The lowest buttonhole is the same for all sizes. Mark the remaining four buttonholes, evenly spaced, between the upper and lower buttonhole.

**Lengthening or Shortening the Pattern**

Our cut is designed for a height of 168 cm. (5 feet 5 inches). If you are taller or shorter, you can adjust the pattern at the lines that say, "shorten or lengthen here". That way, the fit remains the same.

⇒ Always change all pattern pieces at the same line and the same length.

**How to:**

Cut the pattern lines at the marked lines.

**To lengthen:** Push the pieces apart as far as necessary.

**To shorten:** Push the pieces together as far as necessary.  
Adjust the side edges.

**Cutting out**

**Selvage (-----) means:** This is the middle of a pattern piece, not an edge or a seam. The piece is cut twice the size of the pattern; the selvage is the middle axis of the piece.

The pattern pieces with interrupted outlines are placed onto the fabric with the printed side facing down.

**The cutting plans show how to arrange the pattern pieces on the fabric.**

**Velvet, corduroy:** Before you pin the pattern pieces to the fabric, you must determine the DIRECTION OF THE NAP. Velvet and corduroy should be cut against the nap. In other words, lay the pattern pieces on the fabric so that the fibers are smoothed down when you run your hand from the lower to upper edges of the pattern piece.

**CONTRASTING FABRIC:**

Cut pieces 8 and 9 from contrasting fabric, as shown in the cutting layout.

If fabric is not folded, pin the pattern pieces on the right side.

If fabric is folded, the right side is facing inside. Pin pattern pieces onto the wrong side.

Cut the pieces that are placed over the selvage in the copy paper last, with the fabric not folded.

**Seam and Hem Allowances are included in the pattern:**

**1.5 cm (5/8 inch)** at the hem and all other edges and seams.

Using Burda copy paper, transfer the lines and marking on the pieces onto the wrong side of the fabric.

Instructions are included in the package.

**INTERFACING**

Cut interfacing according to the drawing and iron onto the wrong side of the fabric.

**LINING**

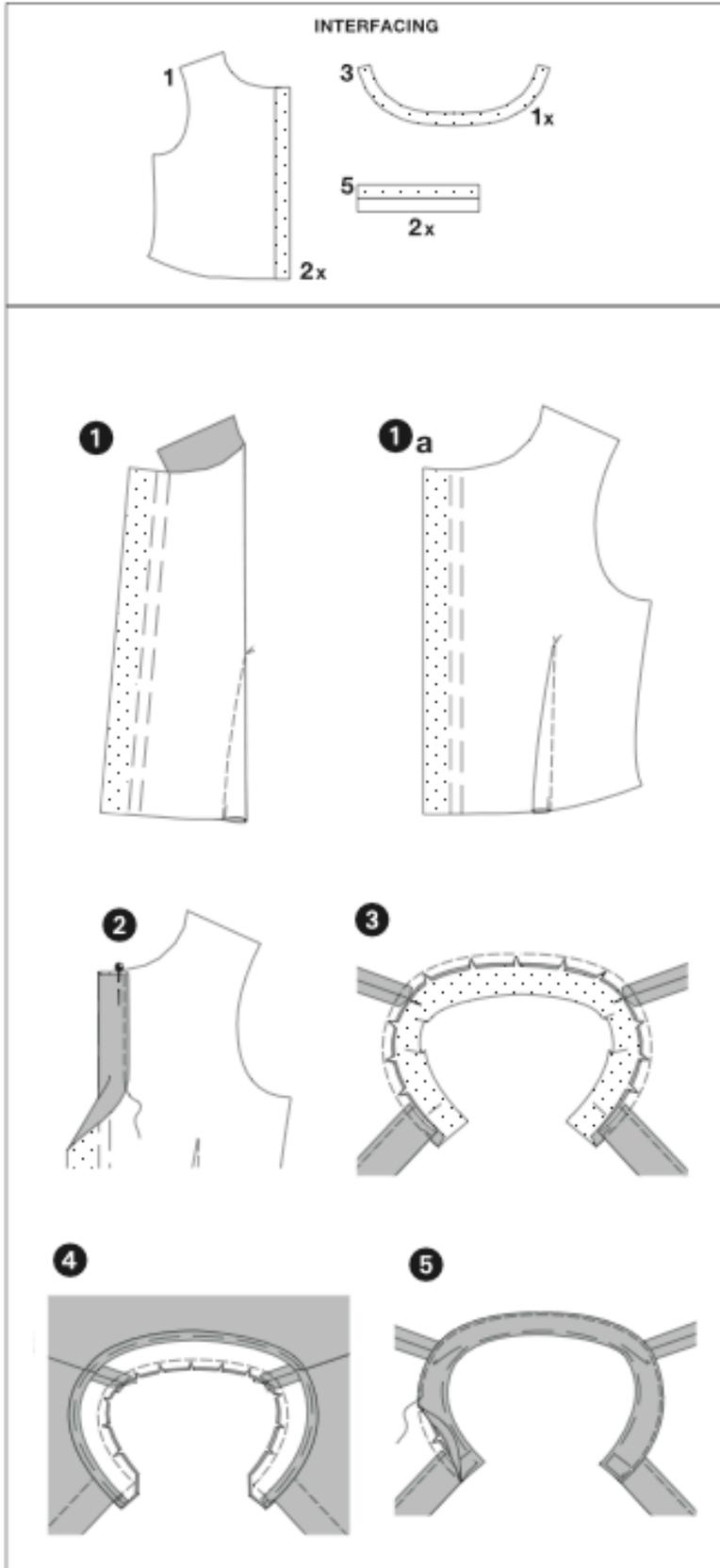
Cut lining as in pieces 11 and 12 ⇒ See copy paper

**Seam and Hem Allowances are included in the pattern:**

**1.5 cm (5/8 inch)** at the hem and all other edges and seams.

**Sewing**

Transfer all lines of the pattern pieces onto the right side of the fabric with basting stitches



### Dress

- 1.) Baste waist darts on bodice fronts and back. Stitch each dart from edge toward point. Press darts towards center front or center back (1a)

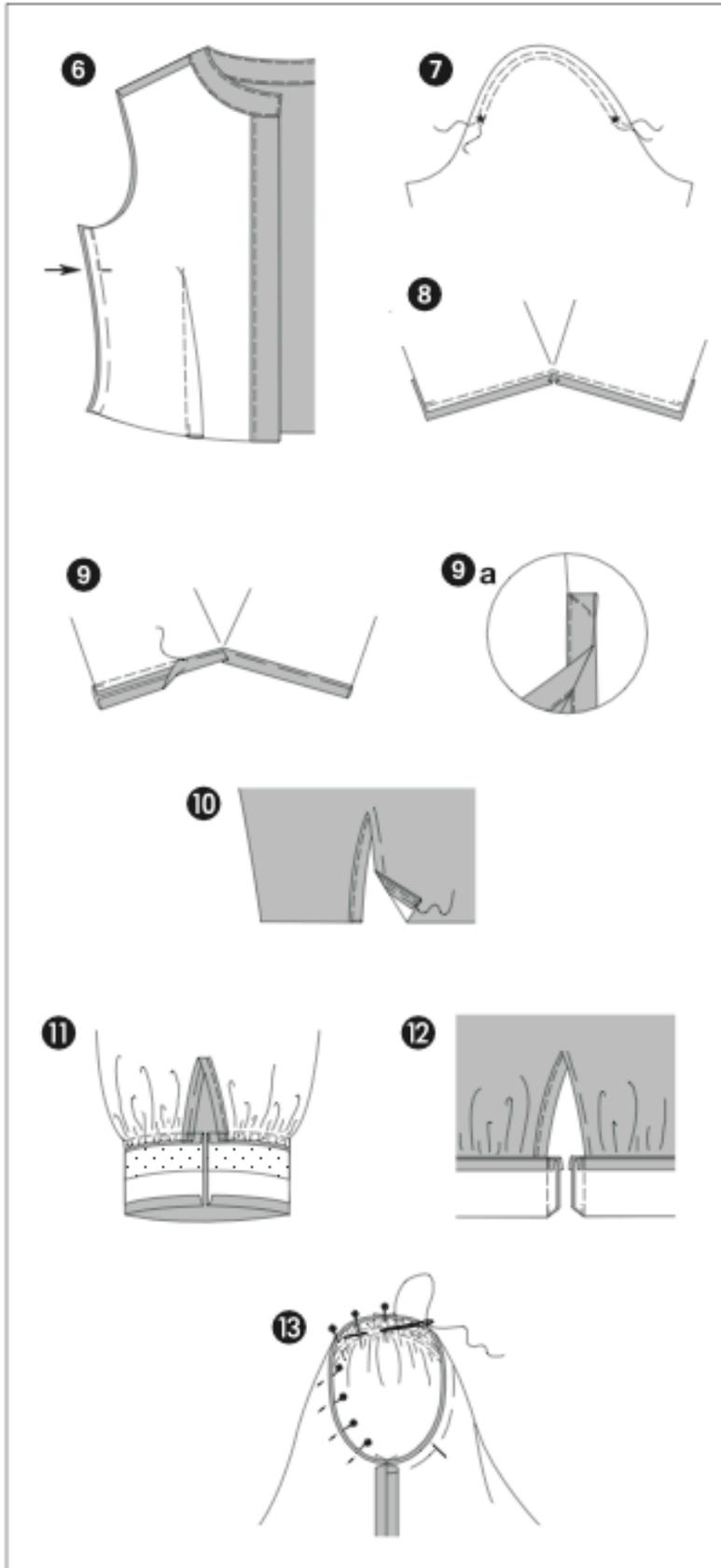
### Front Edges

- 2.) Finish edges of front self-facings. Turn self-facings to inside along marked FOLD LINES, baste and edge stitch in place.

Stitch shoulder seams, matching seam numbers (1). Finish edges of seam allowances and press. Press seams open.

### Neck Band

- 3.) Baste interfaced neckband piece to neck edge, right sides facing, matching centers. Seam numbers (2) must match and horizontal marks must meet shoulder seams. Stitch. Trim seam allowances and clip curves. Press allowances toward neckband.
- 4.) On the neckband piece with no interfacing, trim allowance on lower edge. Turn this allowance to wrong side, baste, and press. Lay neckband pieces together, right sides facing. Baste edges together as illustrated, and stitch. Trim seam allowances, trimming diagonally across corners. Clip curves.
- 5.) Turn neckband right side out. Baste seamed edges and press. Baste inner edge to attachment seam. Topstitch close to all edges of neckband, thereby catching the inner edge.



### Side Seams/ Left Slit

- 6.) Lay bodice front on bodice back, right sides facing. Baste side seams, matching seam numbers (3). Stitch, stitching, left side seam from armhole edge to slit mark (arrow). Tie- off ends of seams. Leave slit basted. Finish edges of seam allowances and press seams open. Remove basting at slit.

### Sleeves with ruffles

- 7.) To gather each sleeve cap, first stitch two closely spaced lines of machine basting from star symbol to star symbol. Fold each sleeve lengthwise, right side facing in. Stitch sleeve seams, matching seam numbers (4). Finish edges of seam allowances and press seams open.
- 8.) Cut into the edge of the lower sleeve, pull apart cut edges and place onto the slit facing as shown in the drawing. Baste. Iron facing over the base seam.
- 9.) Turn facing inside halfway, fold and pin onto the base seam and baste. Fold slit right sides facing, stitch facing diagonally at the end of the slit as shown in drawing (9a)
- 10.) Fold over the facing at the front slit edge and pin to the inside. Iron.

Fold sleeves lengthwise, right side inside. Baste sleeve seams (seam number 4). Trim seam allowances folded together and iron on one side. Pull in lower sleeve edge as in text and drawing 15.

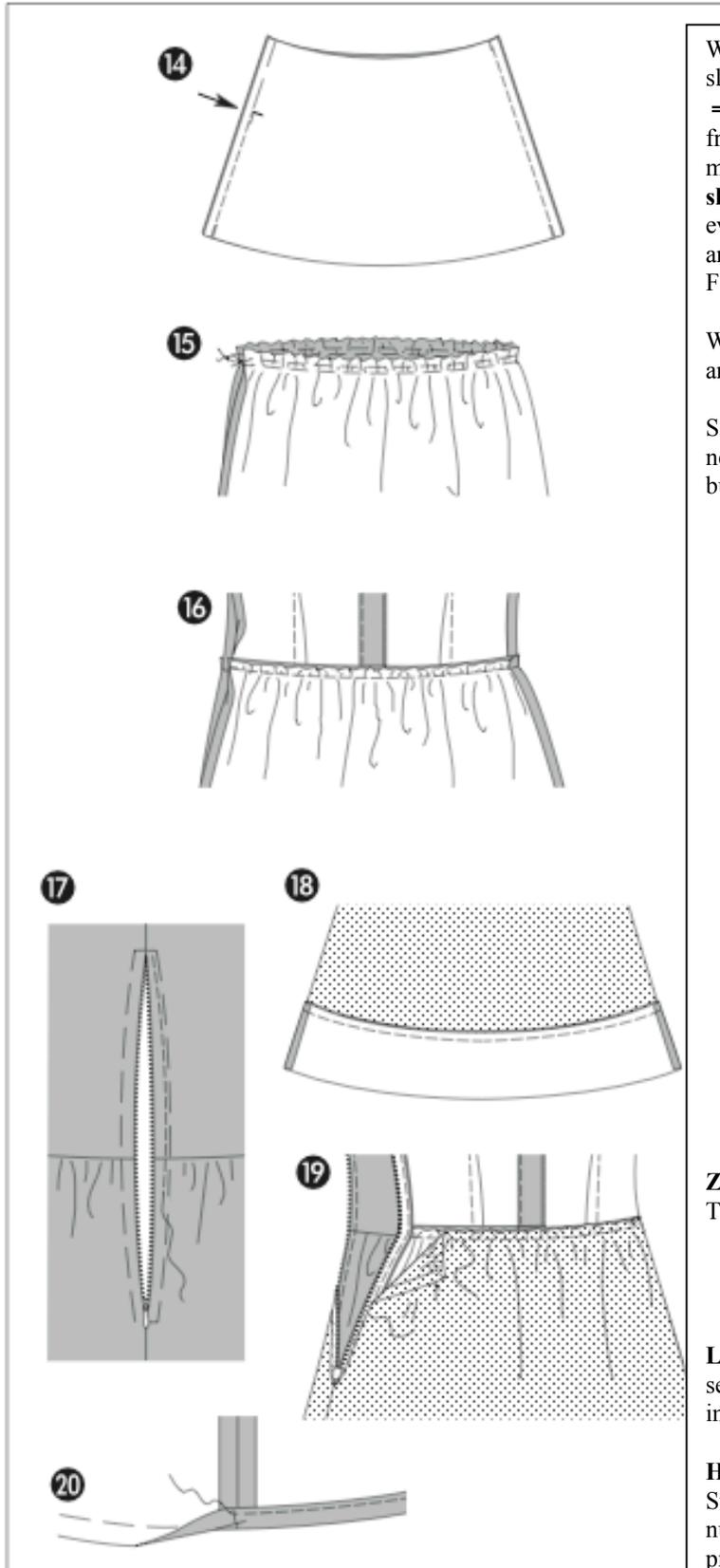
- 11.) Pin sleeve flounces onto the lower sleeve edge (seam number 6) and stitch. Iron seam allowances into the flounce. Fold over and iron the seam allowance of the other long edges.
- 12.) Pin sleeve flounces onto the lower sleeve edge (seam number 6) and stitch. Iron seam allowances into the flounce. Fold over and iron the seam allowance of the other long edges.

Add in buttonholes.  
Sew buttons.

### Setting in Sleeves

To gather each sleeve cap, bull bobbin threads of machine basting.

- 13.) Pin each sleeve to armhole edge, right sides facing.



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When setting in sleeves, 4 points are important for proper fit  
 ⇒ The horizontal marks (7) on sleeve and bodice front must match. Sleeve seam and side seam must match. The horizontal mark on sleeve cap must match **shoulder** seam. The gathering must be distributed evenly. Working from the sleeve side, baste sleeve to armhole edge and stitch. Trim seam allowances. Finish seam allowances and press toward sleeve.

Work **BUTTONHOLES** in right front edge of bodice and neck band.

Sew **BUTTONS** to left front edge of bodice and neckband, at marked center front, to match buttonholes. Button bodice closed.

14.) Lay skirt front on skirt back, right sides facing. Baste side seams, matching Seam numbers (8) and stitch, stitching left side seam from slit mark to lower edge. Tie-off edge of seams. Leave slit basted. Finish edges of seam allowances and press seams open.

15.) To gather upper edge of skirt, first stitch two closely spaced lines of machine basting close to upper edge. Pull bobbin threads to gather skirt to match the lower edge of bodice. Knot gathering threads. Distribute evenly.

⇒ Open allowances on slit edges on slit edges of bodice and skirt.

16.) Pin upper edge of skirt to lower edge of bodice right sides facing, matching side seams. Baste skirt to bodice, matching seam numbers (12), and stitch. Trim seam allowances. Finish edges of allowances together and press up.

### Zip

Turn seam allowances on slit edges to inside again.

17.) Baste zipper under slit edges so that zipper teeth are covered. Sew zipper in place by machine, using the zipper foot.

**Lining:** Stitch side seams as described skirt, matching seam numbers (9) and leaving slit open as mirror image to skirt.

### Hem Band

Stitch side seams on hem band, matching seam numbers (10). Finish edges of seam allowances and press seams open.

18.) Stitch hem band to lower edge of lining, with right side of hem band facing wrong side of lining. Seam numbers (11) must match and side seams must match. Finish edges of seam allowances together and press towards lining. Finish upper edge of lining and gather as described and illustrated for step 15.

19.) Pull lining into skirt, wrong sides facing. Pin upper edge of lining to skirt attachment seam, matching side seams. Stitch lining in place, as close to zipper as possible. Sew lining edges to zipper tapes by hand.

**Seam**

20.) Trim seam allowances at the skirt and seam band to 0.7 cm, de-baste, fold over, iron and stitch